

**Can we go
to Nanny's?**

60 Second
Mountain
Climbers

**Who are you
talking to?**

60 Second
Flutter Kicks



**When can I
see my friends?**

60 second run
on the spot

I'm bored.

20 Sit Ups



Why?

10
Burpees



I need you!

15 Cycle
Crunches

No.

60 Second
Plank



**I'm hungry, can
I have a snack?**

15 Star Jumps



**Why aren't
we at school?**

20 Squats



**What are
you doing?**

60 Second
Wall Sit

**Is that
your work?**

20 Lunges



**Can I do reports
with you?**

15 Press Ups